

MASON ASTLEY



AT MIT SINCE 2011

Teaches tennis &
indoor soccer



OUTSIDE OF MITPE

Coaches varsity tennis

Hosts sports psychology podcast

Chases two sons around the house

FAVORITE ASPECT OF TEACHING PE

Introducing large groups of
students to tennis

FOR FUN

Plays guitar and
brews coffee

Education & Training

B.A. English Literature, Swarthmore College

M.Ed. Counseling Psychology, Boston University

Instructor, 10 and Under Certification,
Professional Tennis Registry



Mason Astley

Mason Astley has been teaching MIT Physical Education for 3 years. In addition to teaching tennis and indoor soccer, Mason is also a Varsity Tennis coach at MIT. Mason holds a Master's degree in Counseling from Boston University and specializes in Sports Psychology. Outside of MIT, you can find Mason playing guitar or tennis or chasing his two sons around the house. Mason also hosts a Sports Psychology podcast that you can subscribe to at www.thementalhalf.libsyn.com.