



## **FAVORITE THING ABOUT TEACHING AT MIT**

**The authentic spirit and  
genuine enthusiasm of  
the students**

# **JENNIFER EARLS**

## **AT MIT SINCE 2013**

**Teaching Salsa Physical Education  
dance classes**



## **ADVICE FROM FUTURE SELF**

**Live in the present moment  
and there will be no reason  
to be afraid**

## **FAVORITE TV SHOWS**

**The Office and So You  
Think You Can Dance**



## **EDUCATION**

**B.A., Psychology, Tufts  
University  
M.Ed., Suffolk University**

## Jennifer Earls

Jennifer Earls began teaching at MIT in 2013 and has taught Salsa Dancing in the Cambridge and Boston community since 2009. She has her Bachelor's in Psychology and M.Ed. from Suffolk University, as well as her Koru Mindfulness Teacher Certification and Certificate in Mindfulness & Psychotherapy. Jennifer has been dancing since she was about 4 years old and it has become her most important mode for staying healthy on all levels – physically, mentally, emotionally, socially, and spiritually. Jennifer is grateful for the opportunity to teach dance to others so they can feel its power in keeping them fit and joyful, as well as giving them an opportunity to evolve into the fullness of their potential in all aspects of life.