

ANNA GROSSMAN

AT MIT SINCE 2010

Teaching yoga, Pilates, and barre

FAVORITE PART OF TEACHING

Providing a space for students
to move and relieve stress

FAVORITE ACTIVITIES

Cooking, baking,
hiking, reading, and
traveling



Anna Grossman

Anna Grossman has been teaching group exercise classes at MIT since 2010. She teaches yoga, pilates, and barre. Anna loves being able to provide a space for students to move and relieve stress. Outside of MIT she enjoys cooking, baking, hiking and reading. Anna also really loves to travel and immersing herself in different cultures.