



**FAVORITE THING  
ABOUT  
TEACHING AT MIT**  
When students are  
engaged and happy doing  
the activity

**THIERRY LINCOU**

**AT MIT SINCE 2014**  
Teaches beginner squash and coaches Men's  
Squash Team



**ADVICE FROM  
FUTURE SELF**  
Life is short; enjoy  
the moment

**FAVORITE  
ACTIVITY**  
Running and surfing



**EDUCATION**  
Master's in Sport Activities and  
Sport Management and BS Sport  
Science, Aix-Marseille

## **Thierry**

Thierry received his Bachelor's in Sport Sciences and Master's in Sport Activities and Sport Services Management from Aix-Marseille University. He was a professional athlete for 20 years before coming to MIT in 2014 to teach beginner squash and coach the men's squash team. Thierry believes the team effort is powerful and likes to watch his squash players improve and get stronger both physically and mentally. In his free time, he enjoys sports cars, running, and surfing.