



**FAVORITE THING ABOUT
TEACHING AT MIT**
That MIT students are
excited to learn new skills
and activities

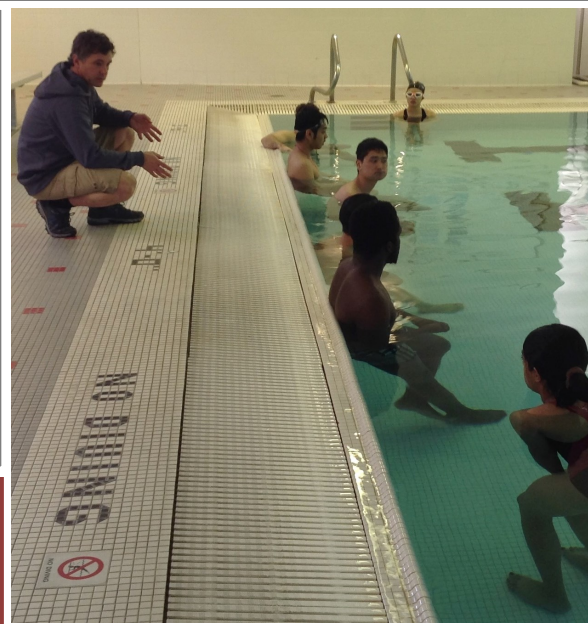
MATT LINDBLAD

AT MIT SINCE 2006
Teaching fitness & nutrition, sailing, and
swimming
Coaching varsity sailing



EDUCATION
Studied psychology at St.
Mary's College of Maryland,
focusing on brain & behavior
and neuroscience

FAVORITE EXTRACURRICULAR
Teaching my daughter
things like swimming and
sailing and just making
those activities fun!



FAVORITE PLACE
Mystic Seaport Museum where I worked as
a kid and discovered much about my
passion for sailing and maritime history

Matt Lindblad came to MIT in 2006 as a Physical Education Instructor for sailing and swimming and Head Coach of the Varsity Sailing program. Prior to his arrival at the institute, he had already been teaching and coaching sailing since 199. Lindblad finds it rewarding to help students set and achieve goals and explore new skills and activities and also loves to teach his daughter things like swimming and sailing by making lessons into games. Lindblad studied psychology with a focus on brain and behavior and neuroscience at St. Mary's College of Maryland while competing at sailing. He continues to sail, especially trips to the British Virgin Islands and down-east Maine with family and friends.