



SELWYN MAXWELL

AT MIT SINCE 2017
Teaching weight training
Assistant Track & Field Coach



FAVORITE FOOD

Pizza

FAVORITE THING ABOUT TEACHING AT MIT

Interacting with students from
so many different backgrounds.

EDUCATION

BA Communication,
University of
Connecticut

MS Sports Admin,
Arkansas State



FAVORITE VACATION

Spending two
weeks on the
beaches in Jamaica

Selwyn Maxwell joined MIT Physical Education in 2017 as the Assistant Track and Field Coach. He also teaches weight training and assists in the DAPER office. Selwyn received his BA in Communication from the University of Connecticut, his MS in Sports Administration from Arkansas State University, and certification from USA-Weightlifting. Physical activity has always been one of Selwyn's interests—as a former student athlete he has always believed that daily exercise is vital to the mind. In his spare time, he enjoys playing and watching basketball, going on hikes, and attending sporting events.