



ANITA PATEL

AT MIT SINCE 2015
Teaching BollyX Physical
Education Courses



FAVORITE THING ABOUT TEACHING AT MIT

Providing a fun stress
reliever for students

FAVORITE ACTIVITIES

Indoor rock climbing and
boxing

EDUCATION

B.S. in Computer
Science from Penn
State University



ADVICE FROM FUTURE SELF

Stay active, eat healthy,
and do more of what makes
you happy

Anita Patel

Anita Patel has been teaching physical education classes at MIT since 2015. She serves as a physical education instructor and teaches courses in BollyX®. Anita has taught classes in Zumba® since 2011 and BollyX® since 2013. Outside of dance, Anita is a full-time web applications developer. She also loves indoor rock climbing and boxing.