



CHERYL SILVA

AT MIT SINCE 1990

Teaching archery & golf the last 19 years

Coaching varsity field hockey



FAVORITE PIZZA TOPPINGS

Eggplant, caramelized onions & ricotta cheese

FAVORITE THING ABOUT TEACHING AT MIT

The students, the people I work with & the variety of courses

EDUCATION

B.S. Physical Education,
University of Bridgeport
M.S. Sport Management,
UMass-Amherst



ADVICE FROM FUTURE SELF

Stretch more after workouts

Cheryl Silva has been at MIT for 24 years as the Head Field Hockey Coach. During this time she has also been an instructor for the physical education department, teaching beginning archery, badminton, golf, indoor hockey, ropes, sailing, skating, strength training, and tennis. For the past 19 years she has focused on being an instructor for archery and golf. Silva enjoys working with MIT students and the variety of courses offered. Silva received her B.S. in Physical Education at the University of Bridgeport and her M.S. in Sport management from UMass-Amherst. Some of her favorite activities to do in her spare time are kayaking, golfing, hiking, fishing, gardening, working out, watching sports, cooking, and reading.