



JULIE WHITSON

AT MIT SINCE 2016
Teaching Fitness and Nutrition
Physical Education Classes



FAVORITE FOOD
Mexican

FAVORITE ACTIVITIES
Tennis, hiking, going to the beach, and reading

EDUCATION
B.A. Psychology, Tufts University
M.Ed. Health Education, Cambridge College



FAVORITE PLACE
The tennis court

Julie Whitson

Julie Ann Whitson received her B.A. from Tufts University in Psychology with an interdisciplinary minor in Women's Studies and an M.Ed. in Health Education from Cambridge College. She has been teaching Health and Wellness for 13 years and currently works as a health teacher, coach, and first aid instructor at Everett High School. She enjoys working with students to help set health and fitness-related goals and to promote overall wellness. In her free time, Julie enjoys spending time with her three children and playing tennis.