

1/7/19 - 1/31/19

IAP 2019 Open Courses
As of close of online registration

Section	Title	Fee Amount	GIR Points	Meetings	Start Date	End Date	Capacity	Registrations Available
PE.0202-1	Swimming, Beginner		2	MW 11:00 AM Zesiger Teaching Pool	1/7/2019	1/30/2019	14	3
PE.0202-6	Swimming, Beginner		2	MW 2:15 PM Zesiger Teaching Pool	1/7/2019	1/30/2019	14	8
PE.0202-8	Swimming, Beginner		2	TR 2:15 PM Zesiger Teaching Pool	1/8/2019	1/31/2019	14	8
PE.0411-3	Group Exercise - Yoga		2	MW 3:45 PM Du Pont T Club Lounge	1/7/2019	1/30/2019	25	18
PE.0411-4	Group Exercise - Yoga		2	MW 5:00 PM Du Pont T Club Lounge	1/7/2019	1/30/2019	25	9
PE.0411-5	Group Exercise - Yoga		2	TR 2:30 PM Du Pont T Club Lounge	1/8/2019	1/31/2019	25	7
PE.0414-2	Weight Training		2	MW 1:00 PM Du Pont Varsity Weight Room	1/7/2019	1/30/2019	16	7
PE.0414-3	Weight Training		2	TR 1:00 PM Du Pont Varsity Weight Room	1/8/2019	1/31/2019	16	4
PE.0414-4	Weight Training		2	TR 2:15 PM Du Pont Varsity Weight Room	1/8/2019	1/31/2019	16	6
PE.0423-1	Group Exercise - Pilates/Yoga (PiYo)		2	MW 2:30 PM Du Pont T Club Lounge	1/7/2019	1/30/2019	25	17
PE.0435-1	Group Exercise- Functional Fitness		2	TR 10:45 AM Wang Fitness 168	1/8/2019	1/31/2019	25	22
PE.0436-1	Boot Camp for Athletes	10	2	TR 3:00 PM Johnson Indoor Track, TR 3:00 PM Johnson Infield	1/8/2019	1/31/2019	20	13
PE.0442-1	Intro to Boot Camp	10	2	MW 3:00 PM Johnson Infield, MW 3:00 PM Johnson Indoor Track	1/7/2019	1/30/2019	20	16
PE.0507-1	Fitness / Stress Management		2	MW 6:15 PM Du Pont Multi-Purpose Room	1/7/2019	1/30/2019	17	6
PE.0516-1	Cycling/Nutrition		2	TR 12:00 PM Wang Fitness, Spin Dome Area	1/8/2019	1/31/2019	12	8
PE.0613-1	Skate, Intermediate	10	2	MW 10:45 AM Johnson Ice Rink 2	1/7/2019	1/30/2019	20	7
PE.0613-2	Skate, Intermediate	10	2	MW 1:15 PM Johnson Ice Rink 2	1/7/2019	1/30/2019	20	9
PE.0613-3	Skate, Intermediate	10	2	TR 10:45 AM Johnson Ice Rink 2	1/8/2019	1/31/2019	20	16
PE.0620-1	Tennis, Beginner	5	2	MW 11:00 AM Johnson Infield	1/7/2019	1/30/2019	16	1
PE.0620-2	Tennis, Beginner	5	2	MW 1:00 PM Johnson Infield	1/7/2019	1/30/2019	16	7
PE.0640-1	Self Defense for Everyone		2	MW 1:00 PM Du Pont Wrestling Room	1/7/2019	1/30/2019	20	13
PE.0701-1	Ice Hockey, Beginner	10	2	MW 2:30 PM Johnson Ice Rink	1/7/2019	1/30/2019	30	10
PE.0705-1	Volleyball, Beginner		2	TR 1:00 PM Rockwell Cage South	1/8/2019	1/31/2019	20	11
PE.0715-1	Broomball	10	2	TR 2:30 PM Johnson Ice Rink	1/8/2019	1/31/2019	30	10
PE.0804-1	Sport Taekwondo		2	MW 7:30 PM Du Pont Court 1	1/7/2019	1/30/2019	50	14