<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Cap Day</th>
<th>Day Time</th>
<th>Location</th>
<th>Prerequisites</th>
<th>GIR Points</th>
<th>Fee Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE.0600-1</td>
<td>Archery</td>
<td>14</td>
<td>MW 11:00 AM</td>
<td>Rockwell Cage North</td>
<td>Students must attend first 4 classes.</td>
<td>2</td>
<td>$15.00</td>
</tr>
<tr>
<td>PE.0600-2</td>
<td>Archery</td>
<td>14</td>
<td>TR 11:00 AM</td>
<td>Rockwell Cage North</td>
<td>Students must attend first 4 classes.</td>
<td>2</td>
<td>$15.00</td>
</tr>
<tr>
<td>PE.0600-3</td>
<td>Archery</td>
<td>14</td>
<td>TR 1:00 PM</td>
<td>Rockwell Cage North</td>
<td>Students must attend first 4 classes.</td>
<td>2</td>
<td>$15.00</td>
</tr>
<tr>
<td>PE.0600-4</td>
<td>Archery</td>
<td>14</td>
<td>TR 2:00 PM</td>
<td>Rockwell Cage North</td>
<td>Students must attend first 4 classes.</td>
<td>2</td>
<td>$15.00</td>
</tr>
<tr>
<td>PE.0639-1</td>
<td>Archery, Intermediate</td>
<td>10</td>
<td>MW 1:00 PM</td>
<td>Rockwell Cage North</td>
<td>Must be available for pre-trip meeting on Tues, March. 20th from 6p-7:30p (W35-299 Athletic Conference Room, 2nd Floor) and April 14-16 (Patriots Day Weekend) Sat 8am-Mon 7pm. Must complete all forms to confirm registration by Fri. 3/16 at noon (PE office will send info). Students must at a good-moderate fitness level to participate.</td>
<td>2</td>
<td>$15.00</td>
</tr>
<tr>
<td>PE.0900-1</td>
<td>Backpacking and Hiking</td>
<td>2 S</td>
<td>8:00 AM</td>
<td>Off Campus</td>
<td></td>
<td>2</td>
<td>$200.00</td>
</tr>
<tr>
<td>PE.0601-2</td>
<td>Badminton, Beginner</td>
<td>16</td>
<td>TR 2:00 PM</td>
<td>Rockwell Cage South</td>
<td></td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0436-1</td>
<td>Boot Camp for Athletes</td>
<td>20</td>
<td>MW 3:00 PM</td>
<td>Johnson Indoor Track &amp; Infield</td>
<td>Trained mile: 9 minute mile or less Push ups in 1 minute: 25 or more Body-Weight squats in 1 minute: 30 or more Full sit ups in 1 minute: 30 or more</td>
<td>2</td>
<td>$10.00</td>
</tr>
<tr>
<td>PE.0918-1</td>
<td>Climbing, Indoor/Outdoor</td>
<td>20 S</td>
<td>2:00 PM</td>
<td>Off Campus</td>
<td></td>
<td>2</td>
<td>$100.00</td>
</tr>
<tr>
<td>PE.0602-1</td>
<td>Fencing, Foil</td>
<td>16</td>
<td>MW 1:00 PM</td>
<td>Du Pont Fencing Room</td>
<td>Students must attend first 3 classes and bring handout printed from Stellar to class.</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0603-2</td>
<td>Fencing, Sabre</td>
<td>16</td>
<td>TR 1:00 PM</td>
<td>Du Pont Fencing Room</td>
<td>Students must attend first 3 classes and bring handout printed from Stellar to class.</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0604-1</td>
<td>Golf</td>
<td>14</td>
<td>MW 1:00 PM</td>
<td>Briggs Field B, C, D /Rockwell Cage Main</td>
<td>First Class Meet In Z Center Lobby</td>
<td>2</td>
<td>$10.00</td>
</tr>
<tr>
<td>PE.0604-2</td>
<td>Golf</td>
<td>14</td>
<td>MW 2:00 PM</td>
<td>Briggs Field B, C, D /Rockwell Cage Main</td>
<td>First Class Meet In Z Center Lobby</td>
<td>2</td>
<td>$10.00</td>
</tr>
<tr>
<td>PE.0604-3</td>
<td>Golf</td>
<td>14</td>
<td>TR 11:00 AM</td>
<td>Briggs Field B, C, D /Rockwell Cage Main</td>
<td>First Class Meet In Z Center Lobby</td>
<td>2</td>
<td>$10.00</td>
</tr>
<tr>
<td>PE.0604-4</td>
<td>Golf</td>
<td>14</td>
<td>TR 1:00 PM</td>
<td>Briggs Field B, C, D /Rockwell Cage Main</td>
<td>First Class Meet In Z Center Lobby</td>
<td>2</td>
<td>$10.00</td>
</tr>
<tr>
<td>PE.0423-1</td>
<td>Group Exercise - Pilates/Yoga (PiYo)</td>
<td>25</td>
<td>MW 4:00 PM</td>
<td>Wang Fitness 168</td>
<td>A movement program that explores a variety of dimensions. Working together, participants will work on flexibility, strength, balance, coordination and muscle efficiency.</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0652-1</td>
<td>Intro to Boot Camp for Athletes</td>
<td>18</td>
<td>TR 3:00 PM</td>
<td>Johnson Indoor Track &amp; Infield</td>
<td></td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0411-1</td>
<td>Gymnastics</td>
<td>18</td>
<td>TR 1:00 PM</td>
<td>Du Pont Wrestling Room</td>
<td></td>
<td>2</td>
<td>$0.00</td>
</tr>
</tbody>
</table>
### Q4 Tentative Schedule

**PE.0402-1 Jogging/Running**
- Days: MW
- Time: 11:00 AM
- Location: Steinbrenner Track/Johnson Indoor Track
- Fee: $0.00
- Notes: Must be available Q4: Mon: 4/23, 4/30, 5/7 3:30-6:30pm. Weather back up date: TBD. Students must attend all three class days to earn 2 PE points. Successfully complete the swim and boat test by Wed, March 14th. Registration is pending until student confirms by completing paperwork provided by the PE office by Wed, March 21st.

**PE.0907-1 Kayaking**
- Days: M
- Time: 3:30 PM
- Location: Off Campus
- Fee: $100.00
- Notes: Q4 Wed: 4/11, 4/18, 4/25, 5/2, 5/9. Time: 1:15p-2:45p. Registration is pending until all forms sent from PE office have been completed by Wed, March 21st at noon.

**PE.0922-1 Parkour**
- Days: W
- Time: 1:15 PM
- Location: Zesiger MAC Court
- Fee: $40.00
- Notes: Students must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0608-2 Pistol, Beginner**
- Days: MW
- Time: 1:00 PM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Students must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0608-4 Pistol, Beginner**
- Days: MW
- Time: 2:00 PM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Students must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0608-5 Pistol, Beginner**
- Days: TR
- Time: 1:00 PM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Student must have successfully completed the MIT PE Beginner Pistol Course. Note: Student must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0609-2 Pistol, Intermediate**
- Days: TR
- Time: 2:00 PM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Students must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0626-2 Rifle**
- Days: TR
- Time: 11:00 AM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Students must attend first 4 classes, though attendance at all classes is strongly recommended.

**PE.0626-3 Rifle**
- Days: MW
- Time: 11:00 AM
- Location: Du Pont Pistol Range
- Fee: $35.00
- Notes: Must be available for class dates: Q4 Tuesdays 1:15p-2:45p - 4/10, 4/24, 5/1, 5/8, 5/15 (no class 4/17). Note you must be at all 5 Tuesday class dates to earn points. Successfully complete the swim and boat test by Wed., March 14th. Students must attend the first 2 classes.

**PE.0904-1 Sailing, Beginner**
- Days: T
- Time: 1:15 PM
- Location: Sailing Pavilion
- Fee: $0.00
- Notes: Must be available for class dates: Q4 Wednesdays 1:15p-2:45p - 4/11, 4/18, 4/25, 5/2, 5/9, 5/16. Successfully complete the swim and boat test by Wed., March 14th. Students must attend the first 2 classes.

**PE.0904-2 Sailing, Beginner**
- Days: W
- Time: 11:15 AM
- Location: Sailing Pavilion
- Fee: $0.00
- Notes: Must be available for class dates: Q4 Thursdays 1:15p-2:45p - 4/12, 4/19, 4/26, 5/3, 5/10, 5/17. Successfully complete the swim and boat test by Wed., March 14th. Students must attend the first 2 classes.

**PE.0904-3 Sailing, Beginner**
- Days: R
- Time: 1:15 PM
- Location: Sailing Pavilion
- Fee: $0.00
- Notes: Must be available for class dates: Q4 Thursdays 1:15p-2:45p - 4/12, 4/19, 4/26, 5/3, 5/10, 5/17. Successfully complete the swim and boat test by Wed., March 14th. Students must attend the first 2 classes.

**PE.0909-1 Sailing, Intermediate**
- Days: TR
- Time: 11:15 AM
- Location: Sailing Pavilion
- Fee: $0.00
- Notes: Must be available for class dates: Q4 Wednesdays 11:15p-12:45p - 4/11, 4/18, 4/25, 5/2, 5/9, 5/16. Successfully complete the swim and boat test by Wed., March 14th. MUST attend first 2 classes. Participants must be proficient sailors and have completed the basic sailing course or its equivalent.

**PE.0321-1 Salsa, Cuban/Rueda**
- Days: MW
- Time: 4:00 PM
- Location: Du Pont T Club Lounge
- Fee: $0.00

**PE.0308-2 Salsa**
- Days: TR
- Time: 11:00 AM
- Location: Du Pont T Club Lounge
- Fee: $0.00

**PE.0308-3 Salsa**
- Days: TR
- Time: 7:00 PM
- Location: Du Pont T Club Lounge
- Fee: $0.00

**PE.0201-1 SCUBA Diving**
- Days: TR
- Time: 7:00 PM
- Location: Alumni Pool 25 yard
- Fee: $350.00
- Notes: Must be available for all class dates: Q4 - Tue/Thu: 4/12, 4/19, 4/24, 4/26, 5/1, 5/3, 5/8. Pass SCUBA pre-test on day 1 of class (200 yard swim and tread water for 10 minutes); able to lift 40 lbs and in good health. Registration is pending until student completes confirmation and forms are provided by PE Office by Wed, March 21st.

**PE.0803-1 Shotokan Karate**
- Days: TR
- Time: 1:00 PM
- Location: Du Pont T Club Lounge
- Fee: $0.00

**Notes:**
- Registration is pending until student completes confirmation and forms are provided by PE Office by Wed, March 21st.
- Must be available for all class dates.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Term</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Notes</th>
<th>Participants</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>PE.0703-1</td>
<td>Soccer, Indoor</td>
<td>MW</td>
<td>18</td>
<td>3:00 PM</td>
<td>Zesiger MAC Court</td>
<td>None</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0716-1</td>
<td>Soccer, Indoor-</td>
<td>TR</td>
<td>18</td>
<td>1:00 PM</td>
<td>Zesiger MAC Court</td>
<td>Beginner Soccer or equivalent.</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0715-1</td>
<td>Spikeball</td>
<td>TR</td>
<td>14</td>
<td>2:00 PM</td>
<td>Zesiger MAC Court</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
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<tr>
<td>PE.0616-1</td>
<td>Squash, Beginner</td>
<td>MW</td>
<td>14</td>
<td>1:00 PM</td>
<td>Zesiger Squash Courts</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0616-2</td>
<td>Squash, Beginner</td>
<td>MW</td>
<td>14</td>
<td>2:00 PM</td>
<td>Zesiger Squash Courts</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
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<tr>
<td>PE.0202-1</td>
<td>Swimming, Beginner</td>
<td>MW</td>
<td>14</td>
<td>11:00 AM</td>
<td>Zesiger Teaching Pool</td>
<td>None</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0202-2</td>
<td>Swimming, Beginner</td>
<td>TR</td>
<td>14</td>
<td>1:00 PM</td>
<td>Zesiger Teaching Pool</td>
<td>None</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0202-3</td>
<td>Swimming, Beginner</td>
<td>TR</td>
<td>14</td>
<td>2:00 PM</td>
<td>Zesiger Teaching Pool</td>
<td>None</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0320-1</td>
<td>Swing, Intermediate</td>
<td>MW</td>
<td>24</td>
<td>7:00 PM</td>
<td>Du Pont T Club Lounge</td>
<td>Beginner Swing dance or equivalent experience by permission of instructor.</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0720-1</td>
<td>Tchoukball</td>
<td>TR</td>
<td>18</td>
<td>6:00 PM</td>
<td>Zesiger MAC Court</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0620-2</td>
<td>Tennis, Beginner</td>
<td>MW</td>
<td>16</td>
<td>1:00 PM</td>
<td>Katz/West Tennis Courts/Johnson Infield</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0620-3</td>
<td>Tennis, Beginner</td>
<td>TR</td>
<td>16</td>
<td>2:00 PM</td>
<td>Katz/West Tennis Courts/Johnson Infield</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0721-1</td>
<td>Tsegball</td>
<td>TR</td>
<td>18</td>
<td>5:00 PM</td>
<td>Zesiger MAC Court</td>
<td>None</td>
<td>2</td>
<td>$5.00</td>
</tr>
<tr>
<td>PE.0414-3</td>
<td>Weight Training</td>
<td>MW</td>
<td>18</td>
<td>1:00 PM</td>
<td>Du Pont Varsity Weight Room</td>
<td>Students must attend first 4 classes and bring handout printed from Stellar to class.</td>
<td>2</td>
<td>$0.00</td>
</tr>
<tr>
<td>PE.0414-4</td>
<td>Weight Training</td>
<td>TR</td>
<td>18</td>
<td>1:00 PM</td>
<td>Du Pont Varsity Weight Room</td>
<td>Students must attend first 4 classes and bring handout printed from Stellar to class.</td>
<td>2</td>
<td>$0.00</td>
</tr>
</tbody>
</table>